



Einlaufliste: männlich/weiblich

Hauptlauf - 5,7km

Pos	StNr	Name	Verein	@	Jg	Kl. (Pl.)	Brutto	Netto	Ø/km	R1	R2	R3	R4
männlich													
1	13	Flicker Alfred	SV ADA Happy Lauf Anger		1977	M40(1.)	20:37.4	20:34.5	3:36	10:08.5	10:26.0		
2	17	Höfler Daniel	LG Apfelland		1985	M30(1.)	21:14.5	21:12.7	3:43	10:25.3	10:47.3		
3	5	Immler Rene	LC Ybbs		1977	M40(2)	22:39.6	22:36.7	3:58	10:46.8	11:49.9		
4	24	Simader Alexander			1969	M50(1.)	22:49.3	22:46.9	3:59	11:08.2	11:38.6		
5	27	Weissenböck Roland	ULC Klosterneuburg		1973	M40(3)	23:10.1	23:07.3	4:03	11:18.0	11:49.2		
6	7	Ehrleitner Thomas	LC MKW Hausruck		1982	M30(2)	23:29.2	23:26.6	4:06	11:21.8	12:04.8		
7	22	Tretnjak Ernst	hurtigflink LTC		1967	M50(2)	23:56.2	23:53.4	4:11	11:00.5	12:52.9		
8	69	Gramer Martin	A3 ATUS Amstetten aktiv		1969	M50(3)	24:11.3	24:07.2	4:13	11:41.0	12:26.2		
9	44	Eppich Hannes	LCA Hochschwab		1979	M40(4)	24:57.1	24:52.2	4:21	11:58.0	12:54.2		
10	3	Koranda Rainhart	LT ÖAV Königstetten		1963	M50(4)	25:20.8	25:16.0	4:25	12:11.1	13:04.9		
11	2	Schimatschek Peter	ULC Sparkasse Langenlois		1969	M60(1.)	25:49.3	25:45.0	4:31	12:17.1	13:27.9		
12	10	Figl Christoph			1974	M40(5)	26:46.1	26:42.5	4:41	13:19.7	13:22.7		
13	12	Schaupp Reinhard	SC Neustift im Felde		1981	M40(6)	26:59.3	26:55.0	4:43	12:59.6	13:55.4		
14	16	Lichtenschopf Josef	A3 ATUS Amstetten aktiv		1960	M60(2)	27:11.3	27:06.0	4:45	13:07.2	13:58.7		
15	1	Gintensterfer Bernhard	ULC Sparkasse Langenlois		1958	M60(3)	27:55.8	27:49.5	4:52	13:47.2	14:02.2		
16	31	Skarek Josef	LC Kapelln		1982	M30(3)	28:35.3	28:32.5	5:00	12:38.6	15:53.8		
17	5215	Schimatschek Josef			1956	M60(4)	28:49.3	28:43.9	5:02	14:00.6	14:43.3		
18	100	Stockinger Johann	Freunde des Laufsports Austria		1954	M60(5)	29:05.5	28:59.7	5:05	14:23.8	14:35.8		
19	14	Kohlhuber Markus	LC Raiffeisen Ybbs		1978	M40(7)	29:07.4	29:03.6	5:05	13:56.7	15:06.8		
20	9	Allwinger Wolfgang	Team Erdinger Alkoholfrei		1953	M60(6)	35:05.7	34:59.4	6:08	16:38.3	18:21.1		
21	70	Seyser Hermann	ESV-Mahersdorf		1951	M70(1.)	36:10.5	36:03.4	6:19	17:09.5	18:53.8		
22	21	Melinz Johann	LCA Hochschwab		1943	M70(2)	42:35.4	42:27.6	7:26	18:23.3	24:04.3		
weiblich													
1	11	Schaupp Herta	SC Neustift im Felde		1985	W30(1.)	25:34.6	25:31.0	4:28	12:24.3	13:06.6		
2	26	Weissenböck Paulina	ULC Klosterneuburg		1975	W40(1.)	26:06.5	26:02.9	4:34	12:43.0	13:19.9		
3	77	Eppich Jutta	LCA Hochschwab		1980	W40(2)	27:11.6	27:08.2	4:45	12:50.5	14:17.7		
4	25	Simader Franziska			1968	W50(1.)	29:44.8	29:41.0	5:12	14:44.6	14:56.4		

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weiblich													
5	6	Breiteneder Elisabeth			1955	W-60(1.)	31:51.0	31:45.9	5:34	15:18.8	16:27.1		
6	18	Schirnhofer Marlene	LG Apfelland		1984	W-30(2)	34:17.3	34:13.4	6:00	16:12.8	18:00.6		
7	60	Triebel Christa	PolSV Leoben		1960	W-60(2)	36:42.5	36:35.4	6:25	17:25.1	19:10.3		
8	4	Schachinger Alexandra			1983	W-30(3)	40:40.2	40:37.3	7:07	18:56.7	21:40.5		
9	66	Koranda Doris	LT ÖAV Königstetten		1966	W-50(2)	43:08.4	42:28.6	7:27	19:22.3	23:06.3		
DNS	8	Malinsky Irene	LG St. Paul		1956	W-60(0)							